

MI-NADONA/LTC presents the annual 2020 program:

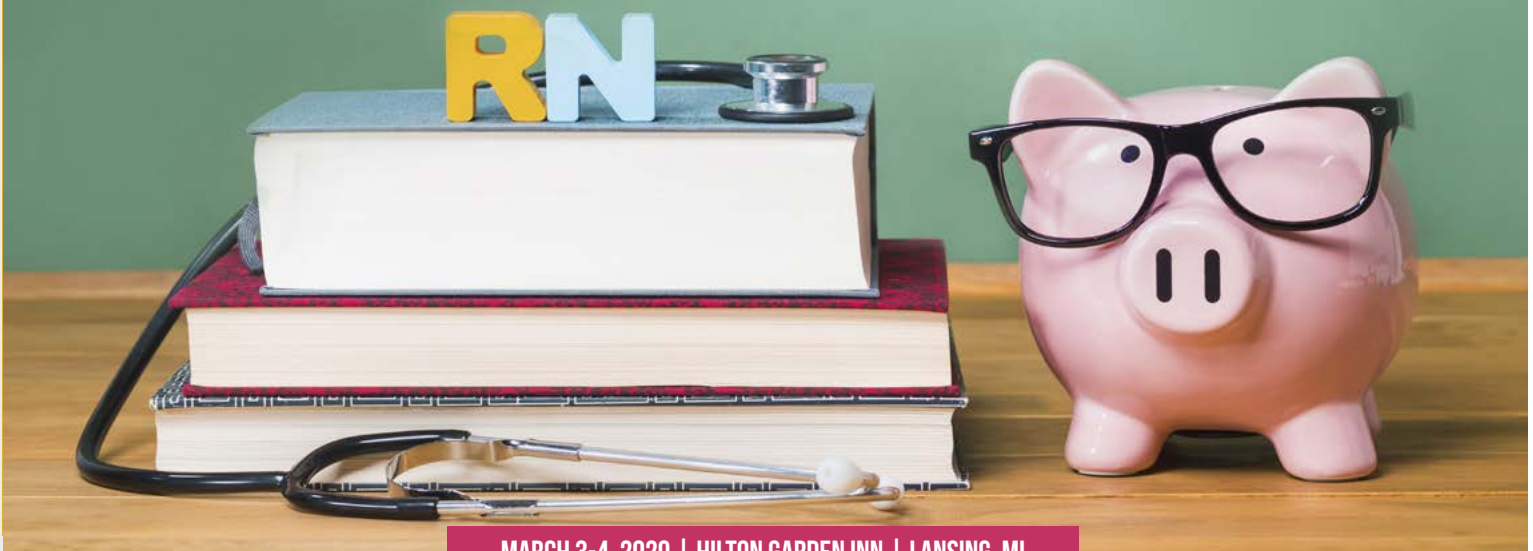
# RN BOOT CAMP



Jointly-Provided by



ALL MEALS PROVIDED!



MARCH 3-4, 2020 | HILTON GARDEN INN | LANSING, MI

## RN Boot Camp: Intense Clinical Training for Nurse Leaders

This nursing leadership intensive will provide Directors of Nursing and Nurse Managers in the post-acute care environment with education on how to prioritize, delegate, and promote critical thinking and effective decision making as a nurse leader. Nurse participants will have the opportunity to analyze reports and consider case studies to identify areas for improvement and develop strategic plans to assure quality and improvements for optimal resident outcomes.

Nurse participants will be empowered with the tools and resources needed to be successful nursing leaders and will come away with an increased confidence and improved job performance and personal satisfaction.

**You can't afford to miss this opportunity to train your next wave of nurse leaders!**

### Lodging Reservations

This program will be held at the Hilton Garden Inn located at 633 N. Canal Rd., Lansing, MI 48917. HCAM has a negotiated corporate rate of \$119+/-/night at the Hilton Garden Inn. To reserve your room now call 517-999-9930 and ask for the HCAM rate of \$119.

### Continuing Education

This year's program will provide participants the opportunity to earn up to 19 nurse contact hours. Additionally, participants may earn up to 1 hour of "pain education."

*HCAM is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

### Target Audience

Directors of Nursing, Assistant Directors of Nursing, Nurse Managers, RNs and LPNs with beginning to intermediate levels of expertise, and advanced nurses who may need a "refresher."

# DAILY SCHEDULE

## TUESDAY, MAR. 3

TIME	PROGRAM/EVENT	PRESENTER
7:30 am	<i>Registration Opens, Breakfast Available</i>	
8:00-9:00 am	<b>Leadership: Empowerment &amp; Delegation</b>	Cindy Fronning
9:05-10:05 am	<b>The Role of the DON: Part 1</b>	Cindy Fronning
10:15-12:15 pm	<b>Abuse, Complaints, Plan of Corrections &amp; IDR</b>	Vickie Burlew
12:20-1:20 pm	<b>Working Provided Luncheon &amp; DON Roundtable: Operational Challenges</b>	Angie Girard
1:25-2:25 pm	<b>Report Overload</b>	Cindy Fronning
2:30-3:30 pm	<b>Pain Management</b>	Linda Vanni
3:40-4:40 pm	<b>Infection Control / Antimicrobial Stewardship</b>	Bill Vaughan
4:45-5:45 PM	<b>Corporate Compliance &amp; Ethics</b>	Cindy Fronning
5:50-6:50 PM	<b>Working Provided Dinner &amp; DON Roundtable: Real Life Management 101</b>	Angie Girard

## WEDNESDAY, MAR. 4

TIME	PROGRAM/EVENT	PRESENTER
7:30 am	<i>Registration Opens, Breakfast Available</i>	
8:00-9:00 am	<b>Documentation and the EHR</b>	Pam Campbell
9:05-10:05 am	<b>Behavioral Health in the Skilled Nursing Facility</b>	Julie Bumpus
10:20-11:20 am	<b>Short-Term Stay/Rehab Patients vs. LTC Residents</b>	Angie Girard
11:25-12:25 pm	<b>ROP Phase 3 - Where Are We Now?</b>	Pam Campbell
12:30-1:30 pm	<b>Working Provided Luncheon &amp; DON Roundtable: The Role of the DON: Part 2</b>	Angie Girard
1:40-2:40 pm	<b>Surrogate Decision Makers</b>	Andy Rothman
2:45-3:45 pm	<b>Resident Dignity &amp; Person Centered Care</b>	Angie Girard
4:00-5:00 pm	<b>Regulations &amp; The Survey Process</b>	Vickie Burlew
5:05-6:05 pm	<b>QAPI</b>	Vickie Burlew

# 2020 RN Boot Camp: Session Descriptions

## **LEADERSHIP: EMPOWERMENT & DELEGATION**

**Presenter: Cindy Fronning, RN-BC, CDONA, FACDONA, RAC-CT, IP-BC, AS-BC  
National Association of Directors of Nursing Administration**

Are you new to the DON role? Do you wonder what kind of a leader are you or even if you are a leader? Are you so busy and overwhelmed that you are neglecting your home life? Wondering why you gave up that Nurse Manager position for this one? These are very common questions that DONs ask themselves in their first year and even in their 10th year of being a DON. This presentation walks you through the differences and commonalities of leadership, management and supervision. It also lays the ground work for empowering your staff and allowing you to find a balance in your life due to delegation. Join us for this presentation and learn how you can make this position manageable and maybe even enjoyable!

## **THE ROLE OF THE DON: PART 1 - OPERATIONS**

**Presenter: Cindy Fronning, RN-BC, CDONA, FACDONA, RAC-CT, IP-BC, AS-BC  
National Association of Directors of Nursing Administration**

Are you confused as to what to do first? What your priorities should be? What is expected of you regarding the new regulations? This presentation will provide some insight to these and other questions you might have. Attend and receive some tools that will assist you in your daily approach to providing quality care for your residents.

## **ABUSE, COMPLAINTS, PLAN OF CORRECTIONS & INFORMAL DISPUTES**

**Presenter: Vickie Burlew, RN, NHA | Rolf Consulting**

Do you struggle with allegation reporting? Completing the investigation? Practical solutions and tips will be provided and then the conversation will be directed toward POCs and IDRs. Save your sanity by having formalized protocols for POCs and IDRs.

## **DON ROUNDTABLE: OPERATIONAL CHALLENGES**

**Presenter: Angie Girard, MSN, RN, RAC-CT | Rolf Consulting**

Do you struggle with operational challenges of finances, turnover and recruitment? Do you feel like these are factors out of the nursing wheelhouse? Learn how to use the language of cost reporting and financial review to YOUR (and your residents!) benefit. Overcome some challenges and implement PIPs for gradual, progressive improvement.

**This session includes a provided lunch.**

## **REPORT OVERLOAD**

**Presenter: Cindy Fronning, RN-BC, CDONA, FACDONA, RAC-CT, IP-BC, AS-BC  
National Association of Directors of Nursing Administration**

What does this report mean? Why is the data different on this report than this other report? Which report should I use? What happens if I don't use the data or misuse it? If you are confused and unsure of how to handle the onslaught of reports and data, this session will provide you a thought process and map to determining what info to use and when. It's time to end the confusion and take control of the data vs. being controlled by the data.

# 2020 RN Boot Camp: Session Descriptions

## **PAIN MANAGEMENT**

**Presenter: Linda Vanni, MSN, RN-BC, ACNS-BC, NP, AP-PMN  
Professional Pain Education & Consulting LLC**

The opioid crisis has had a dramatic effect on pain management. Providing evidence-based safe pain management is a goal of all long-term care facilities. As directors of nursing or nurse managers, it is essential to have up-to-date knowledge of basic pain management principles, safe practices, and current federal and state laws. This session will discuss new aspects of the opioid crisis and how these aspects effect pain management safety. Accurate pain assessment and the evidence-based pain management strategies appropriate for different types of pain will be detailed. Lastly, we will focus on current federal and state laws related to controlled substances and the potential for diversion.

## **INFECTION CONTROL / ANTIMICROBIAL STEWARDSHIP**

**Presenter: Bill Vaughan, BSN, RN | Remedi SeniorCare**

Understanding and complying with the extensive federal regulations related to infection control and antibiotic stewardship is often a challenge for nursing facility staff. This presentation will highlight the critical elements of F880 (infection control) and F881 (antibiotic stewardship) including both process and clinical requirements. Through the use of data and actual case studies, deficiency trends and patterns will be identified. Lastly, QAPI processes to improve compliance and clinical outcomes will be addressed.

## **CORPORATE COMPLIANCE & ETHICS**

**Presenter: Cindy Fronning, RN-BC, CDONA, FACDONA, RAC-CT, IP-BC, AS-BC  
National Association of Directors of Nursing Administration**

So now you are in charge of compliance and ethics! What are you supposed to be doing? What should you do first? Have you asked yourself these questions? Still don't have the answers? This session will review committee roles and positions, what the purpose of each committee is and how to make them effective. Come join this presentation and take home some answers to these questions and several others you haven't asked yet!

## **DON ROUNDTABLE: REAL LIFE MANAGEMENT 101**

**Presenter: Angie Girard, MSN, RN, RAC-CT | Rolf Consulting**

As the Director of Nursing or a Nurse Leader it may seem that there is always more to do than time allows. How can you be an effective leader without sacrificing a home life? This session will address strategies that the participants can use to obtain work life balance.

**This session includes a provided dinner.**

# 2020 RN Boot Camp: Session Descriptions

## DOCUMENTATION AND THE EHR

**Presenter:** Pam Campbell, ASN | PointClickCare

Electronic health records (EHR) have fundamentally changed the landscape of documentation. This transformation did not change what we document, but it did change how we document, how we interact with documentation, how we recognize our documentation, and what information is stored when we document. It isn't just a medical record - it is a legal record and therefore all documentation has the potential to be evidence including records you don't even see. Since 80-85 percent of all medical malpractice and negligence lawsuits are determined by the record, understanding what information exists in electronic record, what is used to determine lawsuits, and how you can mitigate risks through documentation, is now more imperative than ever. In this session, we will discuss what changed with electronic documentation and how EHR documentation best practices can mitigate risk.

## BEHAVIORAL HEALTH IN THE SKILLED NURSING FACILITY

**Presenter:** Julie Bumpus, RN, MSN-Ed, FNP-BC, DBH(c) | Theoria Medical

The care of residents in skilled nursing facilities requires continuing education, awareness, and a team approach. This session will focus on identifying care models for treating behavioral health issues with behavior therapy, medications and staff education. Julie will discuss appropriate and accurate identification of behavioral health issues, medical diagnoses that may contribute to behavioral health issues, and CMS guidelines for treatment strategies. Julie will also discuss how to involve the resident's family, who may or may not understand the care necessary to properly address behavioral issues, with ongoing care. Nurse managers will learn how to continue to educate their staff to provide the best care to residents.

## SHORT-TERM STAY/REHAB PATIENTS VS LONG-TERM CARE RESIDENTS

**Presenter:** Angie Girard, MSN, RN, RAC-CT | Rolf Consulting

Skilled nursing facilities are experiencing a shift in the demographic population that includes a balance of long-term residents often with advancing dementia, complemented by short term patients admitted for rehabilitation. Rehabilitation residents experience a 12 day average length of stay as compared to residents who are permanent residents in the community. The service needs and expectations are distinctly different between these two populations and can often be difficult to manage within the operations. Successful management of service delivery begins with an understanding of wants and needs of these two distinct populations.

## REQUIREMENTS OF PARTICIPATION PHASE 3...WHERE ARE WE NOW?

**Presenter:** Pam Campbell, ASN | PointClickCare

Implementation of the final phase of the mega rule occurred on November 2, 2019 - about 60 days after the implementation of PDPM. There are significant requirements stipulated in phase 3 requiring you to adapt the way you provide care and ensure quality and resident safety in your facility. In this session, we will review the requirements for phase 3 and how you will need to adapt the business of care to remain in compliance.

# 2020 RN Boot Camp: Session Descriptions

## **DON ROUNDTABLE: ROLE OF THE DON PART 2 - REDUCING STRESS & ANXIETY**

**Presenter: Angie Girard, MSN, RN, RAC-CT | Rolf Consulting**

Work place stress and burnout are global epidemics that can cause severe negative effects on an individuals physical and emotional health. Health professionals are especially at risk, due to the inherent characteristics of their work. Join us as we discuss helpful tips to combat these issues and explore healthy and impactful alternatives.

**This session includes a provided lunch.**

## **SURROGATE DECISION MAKERS**

**Presenter: Andy Rothman, JD | Lebenbom & Rothman, PC**

End of life decisions are some of the most important decisions a resident can make. It is vital that this confusing area of law is understood so that residents are given the opportunity to make end of life decisions and that these are carried out. It is also important for facilities to understand who has the authority to make medical treatment decisions as improper decision making can lead to survey citations as well as civil and criminal consequences. This presentation will cover new laws regarding guardians and DNR's.

## **RESIDENT DIGNITY AND PERSON CENTERED CARE**

**Presenter: Angie Girard, MSN, RN, RAC-CT | Rolf Consulting**

The new regulations recognize choice, preference, and the exercising of resident rights in their care and in their long-term world. This is a change in perspective from the medical model of care that LTC has lived with for many years. Despite rights always being a part of our regulations, the emphasis has shifted and its time to look at things with new eyes. This presentation views care from the resident's perspective and aligns care with this new way of thinking.

## **REGULATIONS AND THE SURVEY PROCESS**

**Presenter: Vickie Burlew, RN, NHA | Rolf Consulting**

Understanding the language of the regulations and the emphasis of the new survey process will improve not only survey outcomes but the way resident and patient care is provided.

## **QUALITY ASSURANCE AND PERFORMANCE IMPROVEMENT (QAPI)**

**Presenter: Vickie Burlew, RN, NHA | Rolf Consulting**

QAPI is often treated like a "paper compliance" process and is not given the due diligence and respect it deserves. When used effectively, QAPI is simply the way that we do business. QAPI provides the tools for nursing homes to become the best that they can be.

MI-NADONA/LTC

# RN BOOT CAMP

March 3-4, 2020  
Lansing, MI



## BREAKFAST, LUNCH & DINNER PROVIDED

**\$425**

MI-NADONA/LTC Member Rate  
BEFORE February 14, 2020

**\$475**

MI-NADONA/LTC Member Rate  
AFTER February 14, 2020

**\$550**

Non-Member Rate

### Individual Membership Status

Current MI-NADONA Member

Non-Member

MI-NADONA Membership is based individually, NOT by facility or HCAM membership. To become a MI-NADONA/LTC member, please visit [www.MINADONA.org](http://www.MINADONA.org).

### Attendee Information

Attendee Name: \_\_\_\_\_

Attendee Title: \_\_\_\_\_

Attendee Email: \_\_\_\_\_

### Facility Information

Facility/Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Special Dietary Needs:  Vegetarian  Vegan  Kosher

Life-Threatening Allergy to: \_\_\_\_\_ Moderate Allergy to: \_\_\_\_\_ Mild Allergy to: \_\_\_\_\_

HCAM/HCAL provides an attendee list of all registered attendees with name, title and facility only to partners and presenters. This list does NOT contain contact info such as email or phone. To opt-out of being included in the attendee list, please select opt-out on this registration form.

Opt-Out

### CE Information

Nursing License\*: \_\_\_\_\_

\*In order to receive RN CEs for this conference, attendees must provide their nursing license number to share with ANCC.

### Payment Information

Payment Method:  Visa  Mastercard  American Express  Discover  Check/Money Order Payable to "HCAM"

Credit Card Number: \_\_\_\_\_

Security Code: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### HCAM Registration Policies

Event Confirmation  
After your registration form has been processed, an event confirmation will be emailed to your attention. Please be sure to include a current email address on this form. If you do not receive a confirmation within 14 business days, please contact Kisti via email at [KistiBoatright@hcam.org](mailto:KistiBoatright@hcam.org).

### Cancellation & Refund Policy

All refund requests must be made in writing by e-mail to [KistiBoatright@hcam.org](mailto:KistiBoatright@hcam.org). Telephone cancellations will NOT be accepted. Individual registration fees, less a 25 percent processing fee, will be refunded for cancellations received in writing prior to Feb. 14. Cancellations received after Feb. 14 and no-show registrants, will not receive a refund nor a credit to a future program.

### Substitutions

Individuals registered to attend this program, but unable to participate, may send an alternate in their

place. Please contact Kisti at [KistiBoatright@hcam.org](mailto:KistiBoatright@hcam.org) with the first and last name, title, and facility/company of both the original registrant and the alternate to process this request.

### Dietary Restrictions/Special Accommodations

Individuals with special dietary restrictions, or those who require special accommodations to fully participate in this program, should contact HCAM in writing by e-mail to [KistiBoatright@hcam.org](mailto:KistiBoatright@hcam.org) at the time of registration, detailing their request or restriction.

### Consent to Use of Photographic Images

Registration and attendance at, or participating in, HCAM events and/or activities constitutes an agreement by the registrant to HCAM's use and distribution (both now and in the future) of the registrant/attendee's image or voice in photographs, videotapes, electronic reproductions and audiotapes of such events.

**To register now, submit this form by fax to (517) 627-3016 or by mail to HCAM, 7413 Westshire Dr, Lansing, MI 48917**

# MEMBERSHIP APPLICATION

*A Membership Organization dedicated to Nurses in the Long Term Care Continuum*

New    Renew

**Please print clearly (use one form per applicant or update renewal notice information)**

**Tell Us About You      *Select all that apply:*    CDONA    FACDONA    CALN    CLPN    GDCN**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Home Email \_\_\_\_\_

**Tell Us About Your Career**       **Skilled Nursing**    **Assisted Living**    **Retired**

Corporation \_\_\_\_\_ Facility/Community Name \_\_\_\_\_

Facility/Community Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

Facility Phone (please include extension) \_\_\_\_\_ Work Email \_\_\_\_\_

Title \_\_\_\_\_ License# and State Issued \_\_\_\_\_ Type of license (RN, LPN, LVN) \_\_\_\_\_

## Membership Dues

**PLEASE SUBMIT FEES FOR DUES AS LISTED BELOW**

***If you do not see your state, inquire about beginning a chapter in your state!***

STATE	1 YR	2 YR	STATE	1 YR	2 YR	STATE	1 YR	2 YR	STATE	1 YR	2 YR
Alabama	\$110	\$195	Illinois	\$115	\$210	Mississippi	\$110	\$195	Ohio	\$130	\$235
Arizona	\$115	\$200	Indiana	\$115	\$200	Missouri	\$120	\$210	Oklahoma	\$115	\$210
Arkansas	\$110	\$190	Kansas	\$115	\$200	Montana	\$110	\$195	Pennsylvania	\$115	\$205
California	\$110	\$200	Kentucky	\$115	\$210	Nevada	\$130	\$235	South Carolina	\$115	\$210
Colorado	\$110	\$200	Louisiana	\$110	\$200	New Hampshire	\$115	\$200	Tennessee	\$115	\$210
Connecticut	\$115	\$210	Maine	\$110	\$200	New Jersey	\$130	\$235	Texas	\$125	\$225
Florida	\$125	\$230	Maryland	\$125	\$230	New Mexico	\$115	\$210	Virginia	\$115	\$200
Georgia	\$115	\$205	Massachusetts	\$125	\$215	New York	\$120	\$215	Washington	\$115	\$210
Hawaii	\$120	\$220	Michigan	\$120	\$220	North Carolina	\$115	\$210	West Virginia	\$110	\$200
Idaho	\$110	\$195	Minnesota	\$115	\$210	North Dakota	\$125	\$230	Wyoming	\$110	\$195

***For all States not listed, please pay \$90.00 for one year; \$160.00 for two years membership***

## How Would You Like to Pay?

Check Enclosed       Visa       MasterCard       American Express       Discover

Name as it appears on card: \_\_\_\_\_

Billing Address (if different from above) \_\_\_\_\_

Card#: \_\_\_\_\_ Expiration Date: \_\_\_\_/\_\_\_\_

Signature: \_\_\_\_\_

*Contributions or gifts to the National Association of Directors of Nursing Administration in Long Term Care, Inc. are not tax deductible as charitable contributions.*

*However, they may be deductible as ordinary and necessary business expenses.*

Make check or money order payable to: NADONA/LTC, 1329 E. Kemper Road \* Suite 4100A \* Cincinnati, OH 45246

FOR Credit Cards only - fax request to (513) 791-3699

Apply for membership on our website with Visa/Mastercard/American Express/Discover @ [www.nadona.org](http://www.nadona.org)

**Membership question? Call NADONA/LTC toll free 800-222-0539 or Email us at [membership@nadona.org](mailto:membership@nadona.org)**